



3/16/20

PRESS RELEASE

Dear Students and Clients of CAL INC/CALINC Training,

At CAL INC, we are taking your health and safety very seriously. We are going to continue to provide state of the art environmental and safety training, but we are also adding some precautions and policies to prevent further spread of germs and possibly the Covid-19 virus.

Social Distancing: We are encouraging social distancing. Social distancing is deliberately increasing the physical space between people to avoid spreading illness. Staying at least six feet away from other people lessens your chances of catching COVID-19. We will arrange chairs and tables as such to be proactive about keeping distance from others.

Remote Training: We will be offering remote training in the next week so stay tuned for Asbestos Refreshers and non-accredited training. We are also offering Coronavirus Worker Protection and Awareness training for General & Construction Industry.

Our new Sick Policy: We are going to send students home if they show signs of sickness. This includes a fever, sneezing, coughing, sore throat, stuffy nose, etc. In addition, if someone in class complains about you being sick in the classroom, we may also ask you to reschedule when you are not sick. We realize that this may come as an inconvenience, but we are trying our best to stay healthy. We will offer a free voucher for the same amount to return to the class at a later date.

What is a Pandemic?

Pandemics are defined as incidents that are transmitted through multiple sources and can spread quickly over a wide area. According to the [Centers for Disease Control \(CDC\)](#), although pandemics occur infrequently, planning and preparing for a pandemic is important to ensure an effective response.

Planning for and responding to a pandemic is complex. Pandemics can affect everyone in a community, therefore, public health officials, health care professionals, researchers and scientists across the world work together to plan and prepare for possible outbreaks. As health professionals prepare, so must businesses to ensure there's a plan in place to combat the effects of a pandemic.

Help Minimize a Pandemic

The best way to minimize a pandemic is to limit the spread of germs through common sense hygiene practices.

Basic tips from [The American Red Cross](#) include:

- Avoiding close contact with people who are sick.
- Staying home when you are sick.
- Covering your mouth and nose with a tissue when coughing or sneezing.
- Washing your hands often with soap and water for at least 20 seconds, especially if your hands are visibly dirty; after going to the bathroom; before eating; and after blowing your nose, coughing or sneezing.
- Use either soap and water or an alcohol-based hand sanitizer containing at least 60% alcohol.
- Avoid touching your eyes, nose and mouth.
- Practice other good health habits. Get plenty of sleep, be physically active, manage your stress, drink plenty of fluids and eat nutritious food.

Thank you.

Carla Wroten

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